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Explore Career Options

O*NET Interest Profiler

Helps you find out what your interests are and how they relate to the world of work.

<https://ajc.lincoln.ne.gov/job-seeker-services/basic-career-services/>

123Test

This free career aptitude test can give you insight into your job personality.

<https://www.123test.com/career-test/>

H3

High Wages. High Demand. High Skill through Department of Labor puts out a list of the top ten occupations in high demand in the area.

<http://h3.ne.gov/welcome.xhtml>

SPRING CLEAN YOUR RESUME

Have you ever wondered what your future employer was really wanting in an employee? Look no further!

The National Association of Colleges and Employers (NACE) conducted a survey to find the key attributes employers seek on resumes. Employers who participated in the *Job Outlook 2018* survey stated they most valued problem-solving skills and an ability to work in a team. This is a trend from year to year. Other traits include written communication skills, leadership, and a strong work ethic.

They also found that in recent surveys employers were looking for someone who has completed an internship with the agency they are applying for or have some kind of experience in that field. General work experience and no work experience were found to be more influential when deciding who to hire than a high GPA (3.0 or above), involvement in extracurricular activities, school attended, and volunteer work.

If you are needing help with updating your resume, your FSS coordinator or agency's such as the American Job Center can help.



Congratulations to the three families who graduated from the FSS program this quarter by completing their contract goals or exceeding income guidelines this quarter!

FREE TAX HELP IS HERE

Volunteer Income Tax Assistance (VITA) will be offering services at the American Job Center, as well as many other locations in Lincoln this tax season. This is a free program that assists with filing 2022 Federal and Nebraska State Returns. You will need to schedule your appointment at <https://vita.unl.edu/signup/>. When scheduling your tax preparation appointment, please choose a site location, date and time. All sites will be holding face-to-face appointments. Other locations include:

	SITE NAME	ADDRESS	Hours	DATES AVAILABLE
MONDAY	American Job Center	1330 N Street	10:00 AM to 1:00 PM	Jan 30-Apr 10 (Closed Feb 20)
	Southeast Community College	8800 O Street, T-102	5:00 PM to 7:00PM	Jan 30- Apr 10 (Closed Feb 6, Mar 6, 13, Apr 3)
TUESDAY	F Street	1225 F Street	4:30 PM to 6:30 PM	Jan 31 – Mar 28
WEDNESDAY	Anderson Library	3635 Touzalin Ave	4:30 PM to 6:30 PM	Feb 1 – Apr 12
	Center for People in Need	3901 N 27th, Unit 1	11:00 AM to 1:00 PM	Feb 1 – Mar 29
	Asian Community and Culture Center	114 N 44th Street A	1:00 PM to 3:00 PM	Feb 1 – Mar 29
THURSDAY	Loren Eiseley Library	1530 Superior Street	4:30 PM – 6:30 PM	Feb 2 - Apr 6
	Southeast Community College	8880 O Street, T-102	4:00 PM to 6:00 PM	Feb 2 - Apr 13 (Closed Mar 16)
SATURDAY	Nebraska East Union* **	Holdrege & 35th Streets	10:00 AM to 3:00 PM	Jan 28- Mar 4
	Muslim Community VITA***	JGMC-Unity Rm, 1505 S Street	9:00 AM to 8:00 PM	Feb 2 - Apr 13 (Closed Feb 25, Mar 11, 18, & 25)
SUNDAY	Bennett Martin Library	14th & N Street	1:00 PM to 4:00 PM	Feb 5 – Mar 26
	Good Neighbor Center	2617 Y Street	1:00 pm to 3:00 pm	Jan 29, Feb 19,
	Native American VITA	JGMC-Unity Rm, 1505 S Street	1:00 pm to 4:00 pm	Jan 29, Apr 9, (Closed Mar 5 & 12)

American Job Center is now located at **1330 N Street Lincoln, NE 68508**,
across from Bennett Martin Public Library





Bring the Heat!

If you're like me, you are a little confused on where winter went so quickly. Before you know it, summer will be back, and schools will be ending another year. It's never too early to start thinking about what your summer plans will be.

DAY CAMPS

YMCA OF LINCOLN

www.yocalincoln.org

a variety of licensed day camps. Activities include: arts & crafts, indoor/outdoor sports, music, swimming, nature, field trips, etc. 402-434-9208. Offers Open Door Financial Assistance Program.

PARKS & RECREATION SUMMER DAY CAMPS

www.lincoln.ne.gov/city/parks/programs/daycamps/index.htm

At Parks & Recreation camps, participants will experience: Recreation & Leisure skill building, physical fitness through play, social development, nutrition awareness, & nature interaction. Needs based scholarships are available at all recreation centers.

PUBLIC POOLS

FAMILY NIGHT SCHEDULE

Evening swims are from 6pm to 8pm at designated locations and days. Family Admission is \$10. May 30 – Aug 11, 2023.

Monday Night: Belmont

Tuesday Night: Eden

Wednesday Night: Irvingdale & Highlands

Thursday Night: Ballard

Friday Night: Arnold Heights and Woods

TRAGO SPRAYGROUND

A neighborhood free spray park located off 22nd and U street, is open from 11am to 7pm from Memorial Day through Labor Day (late May through early September).



SUN AND RAINBOW DIY

What you need:

- Paper Plate
- Yellow Paint
- Orange & Yellow Paper
- Tissue paper in rainbow colors
- Glue
- Scissors
- Markers

Step by Step Instructions:

- 1) Start by painting the paper plate yellow.
- 2) When the paint dries, fold the paper plate in half.
- 3) Cut along the fold to get two half circles. You will need one half of the paper plate for this project.
- 4) If you want, you can draw a smiley face on the paper plate half to give your craft some personality.
- 5) Cut triangles out of the orange and yellow paper.
- 6) Stick them on the back of the paper plate so they stick out around the edge.
- 7) Cut strips of rainbow tissue paper and stick them on the back of the paper plate so they hang down.

All done! Your paper plate sun and rainbow craft is complete!

mabelandmoxie.com



Explore Benefits To Launch in January 2023

The iServe Nebraska's Explore Benefits tool is scheduled for release on January 27, 2023!

The iServe Nebraska Explore Benefits tool is a completely anonymous, mobile-friendly, pre-screening tool that will assist Nebraskans with identifying benefits for which they may qualify.



How will this benefit Nebraskans?

- The Explore Benefits questionnaire takes less than 3 minutes to complete.
- It provides an option for Nebraskans to complete the pre-screen using their mobile phone, tablet, or computer.
- It provides Spanish language support.
- Nebraskans do not need to create an account or login in order to complete the pre-screen.

After completing the Explore Benefits questionnaire, Nebraskans who wish to apply for benefits will be directed to ACCESSNebraska to apply for benefits.

What's Next?

The iServe Nebraska project team is working diligently on the integrated application, which will provide Nebraskans with the functionality to apply for benefits via the new iServe Nebraska portal in the future.

For More Information . . .

As a community partner, you may check out the [iServe Nebraska Partner Advisory Group website](#) for additional information.

Refer Nebraskans to the iServe Nebraska website (<https://iserve.nebraska.gov>) to use the Explore Benefits tool. Nebraskans can also find training and other resources on the [iServe Nebraska Portal Training & Resources Website](#).